

# Mary Gorham Malia

Speaker, Author, Blogger, Online Dating  
Expert, and Lesbian Dating Expert



## Media Kit

For more info and to book Mary for an interview email [PR@gaygirldatingcoach.com](mailto:PR@gaygirldatingcoach.com).

## Mary G. Malia



Mary G. Malia is the founder of **Gay Girl Dating Coach**, an exclusive service focusing on helping lesbians find love in an increasingly chaotic world where love is driven by technology.

Founded to help lesbians discover how to date successfully, Mary has worked with lesbians around the globe and is sought out as an expert dating blogger. She is also the creator of the 1<sup>st</sup> ever virtual summit for lesbians, [The Live Your Best Lesbian Life Global Telesummit](#) and [The Gay Girl Love Tour](#) ~ *Bringing Dating Workshops to Lesbians Across the USA*.

Mary's expertise includes 10 years working as a licensed pastoral counselor where she developed training programs in sexual abuse and group coaching for churches across the USA and Canada. She then transitioned successfully into the corporate world, working in Fortune 500 companies as a leadership development consultant.

She's been recruited to lead two national nonprofit organizations and won multi-million dollar grant packages. She's consulted with business leaders and owners for over 20 years, helped executives groom themselves for success, walked the halls of Congress to advocate for homeless youth and helped women-owned start-ups get off the ground and growing.

She now takes her expertise in grooming leaders for success to lesbians around the USA with the Gay Girl Love Tour ~ bringing "dating know how" to gay women everywhere.

#1 Lesbian Dating Blogger ~ Datingadvice.com  
Gay Girl Love Tour  
Live Your Best Lesbian Life Global Telesummit  
Huffington Post Live  
Huffington Post Gay Voices

*"Her systematic approach to dating made me see it as something practical instead of nebulous, which is how online dating felt to me before." Lisa K.*

*"I got into coaching with Mary to find a partner; what I got was so much more than I had expected." Karen C.*



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Datingadvice.com, one of the leading dating advice sites, awarded Gay Girl Dating Coach the #1 spot on the 10 Best Lesbian Dating Bloggers List.

*Mary has written a Dating E-Book Especially for Lesbians:*

*The Gay Girl's Guide to Avoid The 14 Dating Traps*

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- Chapter 1 – The Extreme Makeover
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*Written by Mary G. Malia  
Illustrated by Sophie Navarro*

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# Recent Media

## Online Media:

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HuffingtonPost.com

[What's Your Lesbian Good Luck Story?](#)  
[For LGBT Persons, a Strong, Loving Relationship Is Even More Important](#)  
[Lesbian Stereotypes: The Worst and Most Hilarious Ideas Many Have](#)  
[Lesbian Intelligence: Live Your Best Lesbian Life](#)  
[Your Big 3 Same Sex Wedding Mistakes](#)

Datingadvice.com

[7 Ways to Play Hard To Get With A Lesbian](#)  
[You've Realized Your Lesbian and You're Married](#)  
[Your First Lesbian Love](#)  
[Break The Lesbian Dating Code with Body Language](#)  
[Does Sexually Experimenting with Both Sexes Make Me Bi?](#)

YourTango.com

[CEOs Listen Up: Why OkCupid's Publicity Stunt Is A Total Win](#)  
[Lessons in Parenting From A Single Mom](#)  
[Are You Trapped in the Lesbian Friend Zone](#)  
[Homosexuality and Catholicism: Being Gay Isn't The Problem](#)  
[Four Common Gay Sex Myths Debunked](#)  
[Ten Surprising Places to Meet LGBT Singles](#)

SinglesWarehouse.com

[Lesbian Dating: How To Tell If She's Interested](#)

## In Print:

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*Gay Parent Magazine*, January-February 2014 issue #92  
*How to date as a single LGBT parent.*

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## Interviews

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**Huff Post Live** - [Feminists versus Lesbians](#)

**The Gay Love Coach Radio Show** - [Lesbian Dating Success Secrets Revealed](#)

**My Lesbian Radio** - [Kick off the 2nd Live Your Best Lesbian Life Global Telesummit](#)

**Live Your Best Lesbian Life Global Telesummit** - [Interviews of 33 Professional Lesbians Living Their Lives Out Loud](#)

## Speaking Engagements

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The Year of the Manager – (May 2014)

37th International [iDate Dating Industry Conference](#) – (January 2014)

TED Talks as a Persuasion Model (October 2013)

Love On Purpose Revolution (February 2013)

## Training Programs

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Lesbian Spring Cleaning, Creator and Trainer (April 2014)

Gay Girl Dating Toolbox, Creator and Trainer (December 2013)

8 Steps to Love, Purpose and Commitment, Creator and Trainer (August 2013)

Lesbian Summer School, Creator and Trainer (July 2013)



For more info and to book Mary to speak [PR@gaygirldatingcoach.com](mailto:PR@gaygirldatingcoach.com).

## Video

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Click here to see Mary's YouTube Channel for Media

## Raves

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*I've never gotten over a break-up so quickly! Even my sister says that the change has been amazing. She's so glad that I've been working with Mary to turn my love life around. – Janet, MA*

*The value of my coaching experience was enormous. Mary's ability to communicate and meet my needs with both her professional skills and life experiences was priceless to me; a five star experience. Karen, CA*

*During the discouraging times she helped me to keep going and get out of the house. I felt cared about in my process of learning how to date. Lisa, NC*

*I was needy, lonely and desperate to fill the void my partner's death had left. Mary taught me strategies to manage my emotions instead of being ruled by them. She taught me how to get out and date consciously. I learned how to bring both my heart and head into the dating game. Michelle, OH*

*I want to THANK YOU so much for helping me move past my fear of asking women out. Carmen, TX*

*I enjoyed the initial frameworks, analysis and approaches to identifying the types of 'must haves' and 'nice to haves' in women that I'd like to date. Talking through online dating was very useful, as I've never tried this before. Mary was practical and brings her own experience to the advice she offers. Jennifer, Delhi*

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## Suggested Interview Questions:

### What makes lesbian dating so different from straight women dating men?

In the heterosexual world the lines are pretty clearly drawn and the roles of men and women are clearly established. Women expect men to ask them out, make the plans for a date and often to pay for all of it. In the lesbian world, none of those rules apply.

Lesbians overall don't want to ask another woman out so they are slow to even getting to a date. Most often you'll see women going dutch and negotiating the plans for the evening.

On top of that, women of any sexual orientation don't date, they see any date as a relationship instantly. Now imagine two women together, that's a strong pattern I help lesbians to not get trapped in

### What are the 3 biggest mistakes you see lesbians making in dating?

The three big mistakes lesbians make are

- 1) Not paying attention to important details when dating and we know the devil is in the dating details.
- 2) Getting stuck in dating ruts and that means they won't try new things, miss opportunities, or want everything to happen in a very controlled way and that's just not possible and
- 3) Starting and stopping! Women get so tired of being alone and lonely so they go out and try to date every single women they can find in a one month period. Then they are exhausted, overwhelmed and discouraged and quit. Instead, lesbians need to learn to pace themselves and be consistent with their dating efforts. There's a lot to be said for momentum and being in the flow of dating.

### Are there 2 or 3 dating strategies that really can make a difference?

When it comes to women dating women, there certainly are clear strategies to help lesbians have more success in dating. There's no denying the importance of chemistry and if you'll then add in having clear requirements that go beyond what I want her to look like but how we behave towards each other right from the start, you're going to make better dating decisions.

Another powerful strategy is consciously choosing to not move toward commitment too fast. That level of relationship should take a few months at the least and upwards of a year to finally declare you're committed for life. Women move toward commitment too fast and without conscious discussion of how it could really work and last. Slow dating is a strategy I highly advocate.

## **Online dating is the go-to dating strategy these days, what are your thoughts on how best to use it?**

I love online dating and really believe it's one of many important strategies for finding and connecting with single lesbians and it should never be ignored. It lets you skip all the questions that come up when you meet someone out in a bar or at a party about her status.

Lesbians are a small part of the population. In smaller cities and towns, there may not be any local places where lesbian events occur. Online dating allows women in those situations to meet other women more easily.

If a woman is online, she's interested in dating. It also allows you to meet women outside your social circle and that can be very hard to do in the lesbian community.

Finally, it's a great place for someone more on the shy side to meet single lesbians. It allows you to easily make a connection and it's expected and that makes it a wonderful tool for women. I encourage all of my clients to do it and to learn the right way to use it.

## **Do you believe in love at first sight?**

Absolutely! And I also believe that love can develop over time and that we miss out on this way of finding love because we get caught up in the love at first sight story. The real aim of life is love and the love we share in a relationship magnifies everything about life for good or bad.

I've had clients who've had love at first sight relationships develop into something amazing and I've had clients find love developing over time create the same amazing kind of relationship.

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## Speaking Topics:

### **We All Need To Come Out of Our Closets**

Every person has carried some perceived guilt or shame or hidden sin in their life. In the face of the “happiness” movement, how do you find happiness and peace when you’re hiding some perceived imperfection about yourself? And what does the decision to come out of your personal closet of shame mean for you? Mary talks about her own coming out process as a mid-life career woman and the impact of living in a closet on personal friendships and professional aspirations.

### **Online Dating Isn’t What You Think It Is**

The online dating industry has been in and out of the news since its inception in the mid-90’s. As the most common way for single people to meet someone to date these days, understanding the mindset of the industry itself can help us all become better users of this technology for finding love, relationship and commitment.

### **How To Be Your Own Dating Coach**

Coaching as an industry has been on the rise for the last 10 years. Individuals used to find mentors at work, through church and club affiliations, but that scenario happens less and less as Americans become the more overworked society in the world. The value of coaching for many different kinds of growth experiences is well documented, but how can you take this concept and put it to work for yourself.

At least 50% of all adult Americans will spend more time being single throughout their adult lives than previous generations and learning how to date well isn’t just a nice idea, it’s a must have skill to keep love and partnership happening in your life.

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## Images



Click on images for a larger view and to download.

Please contact us if you require other images.

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## Contact

Thank you for your interest in Mary G. Malia and Gay Girl Dating Coach.

Please use the links below to connect with Mary and learn more.



mary@gaygirldatingcoach.com

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Facebook	<a href="https://www.facebook.com/GayGirlDatingCoach">https://www.facebook.com/GayGirlDatingCoach</a>
Twitter	<a href="https://twitter.com/gaygirldating">https://twitter.com/gaygirldating</a>
YouTube	<a href="http://bit.ly/1ne616o">http://bit.ly/1ne616o</a>
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